



Public Health - Health Awareness & Impact in Teens

Mission: To engage and influence youth audiences to have accessible information for teen health and its impact on well-being.

Objective: The objective of this project is to educate and actively engage youth in health-related discussions by providing evidence-based information on healthy lifestyle practices such as nutrition, mindfulness, and fitness, while enabling interns to collaborate with subject matter experts and mentors—through remote teamwork and guided video creation—to develop impactful, youth-centered health awareness content.

Goals: The goal of this project is to identify and better understand the key health concerns affecting teens by gathering anonymous peer-based survey data, expert insights, and evidence-based resources, and to use these findings to create engaging awareness videos that empower youth with knowledge, tools, and confidence to participate in meaningful teen health conversations and make informed health decisions.

Requirements:

- Interns are expected to have mandatory signed waivers before conducting survey with any external people

Deliverables:

- Mandatory in-person final project presentation to summarize the outcomes of the project and challenges faced, proposed solutions
- Final report listed as above